

# THE CASE OF BONNIE LIES OVEROCEAN AND HER MOTHER... + • ○

By: Frances Romero Thomas



# THE PROBLEM

Bonnie appears to be angry at her mother. She destroys things at home and refuses to do anything her mother tells her to do.

# Client Strengths

Bonnie has a quiet and friendly personality. She is somewhat shy and has a sweet nature. Bonnie does great in school; her grades and behavior reports are always positive.



# STAGE OF DEVELOPMENT

Bonnie is 10 years old. She is experiencing  
Erickson's Industry vs. Inferiority Stage of Development.

# Goals

Bonnie says very little in counseling. I have not yet been able to help her identify what her own goals are. She agrees to follow through with her mother's goals when we talk about them in session; however, she never does.



Bonnie's right to  
privacy and the right to  
be involved in "decision  
-making as  
appropriate."

A.2.d, B.1.b., B.1c., B.5.

Main Ethical Concerns

# Counseling Skills

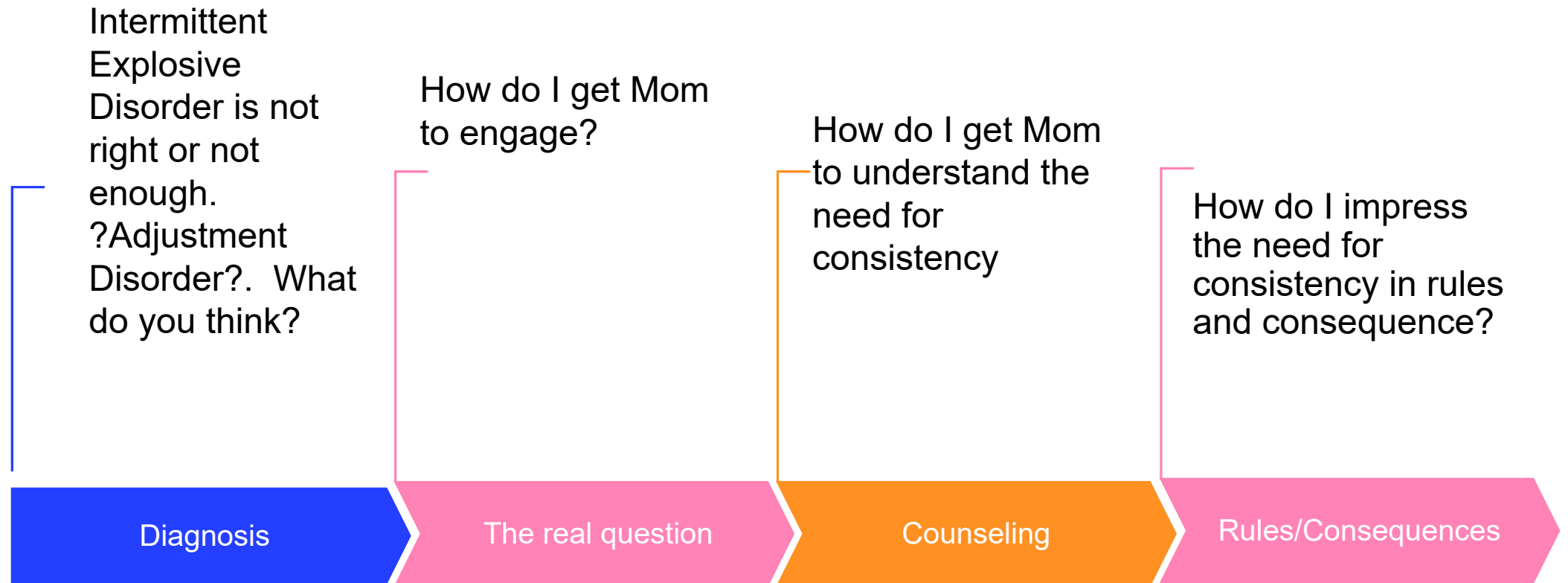
## Theoretical Understanding and Use

***Person-centered therapy** - From the person-centered perspective, “people are viewed as fully in charge of their lives and inherently motivated to improve themselves. The responsibility for personal behaviors and the choice to change them are seen as belonging fully to the individual.” (Capuzzi, D, Stauffer, M.D., 2016, p. 169).*

\*Play therapy and Talk therapy – Tracking, Reflection

\*Motivational Interviewing Techniques – Empathy, affirmations, asking open-ended questions, and developing discrepancy

# How can you help me?





BONNIE LIES OVEROCEAN

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# THANK YOU

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